

GLOBAL OUTCOMES

MODEL



OUTWARD BOUND[®]
INTERNATIONAL

Outward Bound programs develop Connections to Self, Others and the Natural World resulting in the following core outcomes: Resilience, Self-Confidence, Social Competence, Compassion and Environmental Responsibility.

COMPASSION:

Ability to sense the emotions and needs of others and the motivation and initiative to act

SOCIAL COMPETENCE:

Social, emotional, and cognitive skills and behaviors needed to succeed as a member of society



RESILIENCE:

Ability to “bounce back” from and adjust to adversity and challenges

SELF-CONFIDENCE:

Belief in one’s ability to be successful

ENVIRONMENTAL RESPONSIBILITY:

Awareness of connection to nature and demonstrating a sense of consciousness and stewardship for the natural world